

Results of 2nd Annual Hearts for Heroes 5K					
Waldensian Trail of Faith					
May 29, 2010					
Place	Name	City	Bib #	Age	Time
1	Josh Baker	Valdese, NC	111	29	16:53
2	Mike Lawson	Claremont, NC	88	39	17:56
3	Carlos Perez	Lincolnton, NC	116	17	17:57
4	Jeffrey Carson	Connelly Springs, NC	110	45	18:22
5	Brad McKee	Kings Mountain, NC	97	22	18:51
6	Landon Minton	Granite Falls, NC	109	17	19:26
7	Chris Shade	Hickory, NC	73	17	19:38
8	Mark Rostan	Valdese, NC	96	40	19:45
9	Aaron Clayton	Valdese, NC	100	17	19:48
10	Dwight Winters	Morganton, NC	85	33	19:54
11	Kevin Holder	Morganton, NC	112	29	20:33:01
12	Travis Byers	Denver, NC	109	16	20:33:50
13	Richard Vance	Marion, NC	81	46	20:38
14	Logan Minton	Granite Falls, NC	105	14	20:47
15	Jason Harris	Hickory, NC	130	36	20:53
16	Anthony Hughes	Thomasville, NC	129	15	21:02
17	Austin Winters	Morganton, NC	86	13	21:03
18	Zian Sistare	Spruce Pine, NC	89	52	21:04
19	Ray Burris	Valdese, NC	11	50	21:12
20	Daniel Kypena	Morganton, NC	101	38	21:23
21	Rusty Saine	Crouse, NC	121	36	21:34:23
22	Stanly Stewart	Catawba, NC	117	53	21:34:48
23	Austin Helms	Valdese, NC	35	15	22:18
24	Kevin Houston	Granite Falls, NC	42	40	22:22
25	Justin Haney	Columbus, GA	108	22	23:09
26	Frank Cooper	Morganton, NC	20	62	23:15
27	David Mitchell	Conover, NC	54	46	23:23
28	Jalin Weatherman	Vale, NC	131	15	23:30
29	Richard Steer	Lenoir, NC	76	32	23:31
30	Rodney Lee	Lenoir, NC	91	58	23:34
31	Tommy Dunn	Lenoir, NC	114	61	23:55:21
32	Jessica Browning	Morganton, NC	9	15	23:55:64
33	Jose Quiedo	Hickory, NC	59	44	24:00
34	Mackie Johnson	Boone, NC	94	63	24:11
35	Amy Alexander	Valdese, NC	2	34	23:33
36	Paul Gee	Hickory, NC	29	28	24:56
37	Sean Clarke	Connelly Springs, NC	16	23	24:57
38	Richard Watson	Boone, NC	95	71	25:04
39	Charles Black	Valdese, NC	113	18	25:05
40	Bruce Caldwell	Conover, NC	12	54	25:07
Place	Name	City	Bib #	Age	Time
41	Alex Morrison	Valdese, NC	57	9	25:08

42	Parker Smith	Valdese, NC	74	9	25:10
43	Jim Wachsmuth	Claremont, NC	82	45	25:11
44	Rodney Sprinkle	Taylorsville, NC	75	44	25:24
45	Steve Carder	Lenoir, NC	93	48	25:47
46	David Nash	Maiden, NC	103	23	25:59
47	Bradley Robson	Hickory, NC	115	33	26:03:32
48	Derek Specht	Conover, NC	102	42	26:03:70
49	Katie Gravel	Hickory, NC	30	27	26:10:42
50	Elizabeth Parson	Connelly Springs, NC	60	48	26:10:89
51	Aaron Morrison	Valdese, NC	56	9	26:18
52	Shirley Yancey	Valdese, NC	87	42	26:24
53	Tanner Melton	Valdese, NC	90	10	26:41
54	Mary Katherine Hatcher	Morganton, NC	34	20	26:43
55	Ben Phillips	Connelly Springs, NC	107	11	26:46
56	Will Copeland	Morganton, NC	126	10	26:51
57	Scott Wilson	Granite Falls, NC	84	38	26:58
58	Alan Proffit	Lenoir, NC	125	39	27:03
59	Anthony Petrone	Hudson, NC	119	17	27:38
60	Alexis Mitchell	Conover, NC	53	16	27:39
61	Ben Leonard	Morganton, NC	46	9	27:40
62	Kenny Stephens	Icard, NC	118	30	27:42
63	Andrew Cogdell	Morganton, NC	17	52	28:02:04
64	Maire Cogdell	Morganton, NC	18	15	28:02:98
65	Dawn Hershenson	Hickory, NC	37	39	28:07
66	Mike Lowman	Hickory, NC	47	46	28:24
67	Alec Melton	Hickory, NC	52	13	28:28
68	Todd Williams	Asheville, NC	132	46	28:32
69	Joseph Query	Hickory, NC	68	33	28:33
70	Dawn Leary	Conover, NC	45	37	28:42
71	Kristen Pike	Durham, NC	63	26	28:54
72	Shane Hamby	Hudson, NC	32	40	28:55
73	(No Name Listed)				29:04
74	Marianne Burris	Valdese, NC	10	16	29:13
75	Amanda Hensley	Marion, NC	36	20	29:18
76	Joyce Pharr	Glen Alpine, NC	61	64	29:24
77	Kellie Batten	Claremont, NC	7	34	29:28
78	Melissa Baker	Morganton, NC	6	18	29:36
79	Lester Copeland	Morganton, NC	21	70	29:38
80	Amanda Pruet	Hickory, NC	65	26	29:38
81	Jeff Pruet	Hickory, NC	65	27	29:48
82	Heather Copeland	Morganton, NC	122	15	29:49
83	Tanner Carswell	Valdese, NC	13	11	30:29:30
Place	Name	City	Bib #	Age	Time
84	Brandon Justice	Fort Walton Beach, FL	43	27	30:29:63
85	William Underwood	Newton, NC	79	28	30:31:01
86	Rebekah Brown	Icard, NC	8	18	30:31:47

87	Holly Hoover	Conover, NC	40	26	30:32
88	Geena See	Conover, NC	72	14	30:38
89	Crystal Olson	Hickory, NC	106	30	30:42
90	Alexandro Mejia Uribe	Hickory, NC	80	27	31:10
91	Tony Daugherty	Troutman, NC	23	46	31:17
92	Cayley Wilson	Granite Falls, NC	83	12	31:20
93	Lizzie Hatcher	Morganton, NC	33	18	31:57
94	Joe Aiello	Granite Falls, NC	1	35	32:24:11
95	Nancy Thomas	Valdese, NC	128	51	32:24:49
96	Leo Juarez	Lincolnton, NC	92	45	32:27
97	Kelly Cain	Hickory, NC	123	38	32:36
98	Charlotte McMillan	Nebo, NC	51	58	32:38
99	Angela Proffit	Lenoir, NC	124	33	32:40
100	Jim Cates	Morganton, NC	14	72	33:16:35
101	Jess Archer	Harrisburg, SD	3	24	33:16:71
102	Darrell Griggs	Harrisburg, SD	31	25	34:22
103	Mary Fairchild	Hickory, NC	26	32	34:45
104	Morgan McCuen	Lenoir, NC	49	16	34:55
105	David Propst	Valdese, NC	64	47	34:56
106	Rebecca McCuen	Lenoir, NC	50	45	35:17
107	Chris Chambliss	Morganton, NC	15	37	35:45
108	Tyler Ollis	Valdese, NC	58	8	35:46
109	Rick Moore	Connelly Springs, NC	55	52	35:54
110	Walter Pharr	Glen Alpine, NC	62	73	36:09
111	Leslie Leonard	Morganton, NC	98	12	36:10
112	Teresa Alvaralego	Morganton, NC	99	11	36:43
113	Dillon Robinson	Rutherford College, NC	120	9	37:28
114	Carter Cooper	Valdese, NC	19	9	37:47
115	(No Name Listed)				37:48
116	Danny Seagle	Morganton, NC	70	71	38:13
117	Kristie Eller	Dallas, NC	25	39	38:24
118	Erin Davis	Taylorsville, NC	24	22	38:46
119	Emily Kerley	Taylorsville, NC	44	22	38:55
120	Micah Hershenson	Hickory, NC	39	8	38:58
121	Hal Hershenson	Hickory, NC	38	40	39:01
122	Rebekah Ewing	Valdese, NC	133	10	39:23
123	Will Viggers	Valdese, NC	127	10	39:34
124	Jonathan Dameron	Valdese, NC	22	29	39:46
125	Jessica Stephenson	Catawba, NC	77	20	39:59
126	Megan Ulep	Gastonia, NC	78	21	40:01
Place	Name	City	Bib #	Age	Time
127	Vickie Matthews	Vale, NC	48	51	40:15